



# Super 5

## Back-to-School Power Moves

When it comes to your child's education, you are a Learning Hero. Your superpowers include expertise about your child's interests, habits, and personality. Combine this knowledge with a clear understanding of how to support your child's learning and the sky's the limit. **Use the Super 5 tips below to help get the most out of school, and visit [BeALearningHero.org](http://BeALearningHero.org) for more resources and ideas.**

### 1. Start Smart

Schools today teach real-world skills such as critical thinking and problem-solving to prepare students for success in college and life. Find out what your child is expected to learn this year and how to know if he or she is on track.



### 2. Support Learning Anywhere

Find easy ways to integrate learning into your life. Read 30 minutes every day. Ask an older child to add up the cost of items at the grocery store. Ask a younger child to name funny words that rhyme. Find an online learning game to do together at [BeALearningHero.org](http://BeALearningHero.org).



### 3. Stay Connected

You, your child, and your child's teacher are partners. At your first teacher meeting, bring your child's most recent standardized test report and ask what the results mean for the year ahead. Find out what you can do at home to help.



### 4. Strengthen Character

To encourage your child, focus on the effort and the lessons learned, instead of how well he or she did. This will help your child feel less nervous about new tasks or subjects. Teaching your child to embrace challenges can help him or her succeed in the classroom and beyond.



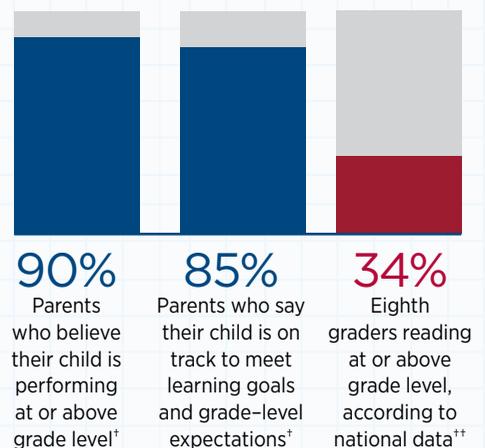
### 5. Speak Openly

Share hopes and concerns as a family. Ask your child what he or she is most excited and nervous about for the new school year and why, then let the teacher know. Take pride knowing that you are the expert on your child and can help your child live up to his or her fullest potential.



### How do you know if your child is on track?

Most parents don't have a clear understanding about their child's academic progress. A good starting point is knowing what's expected of your child this year. Visit [BeALearningHero.org](http://BeALearningHero.org) for parent resources.



Super 5 is presented in partnership with



<sup>†</sup>Learning Heroes Survey and Report, *Parents 2016: Hearts & Minds of Parents in an Uncertain World*. <sup>\*\*</sup>National Assessment of Educational Progress, 2015.